

Questions for CERT in Action Video and Disaster Psychology Video

Questions for CERT in Action Video

1. Why is CERT important in a Disaster?
2. What are the basic skills CERT members learn?
3. What is the CERT motto?
4. Who does the family call after the storm?
5. What is the first thing the father did before reporting to his CERT staging area?
6. What became the priority and what other tasks had to be taken care of? Who became the leader?
7. When the team got to the center what did they do first?
8. What did the team do after they cleared the building?
9. Why did they do documentation?
10. Who are the first people CERT team members help?

Questions from Disaster Psychology Video

1. What are the ways we respond in a disaster?
2. Why is it important to understand how other races, cultures, and religions respond?
3. What is the first step before you help others?
4. List at least 3 strategies to help adults cope in a disaster?
5. If there is a group of people who are overreacting how might you stabilize that group?
6. Because children try to make sense of it all they often blame themselves. List at least 3 strategies to help them understand.
7. Name some of the checklist items you would ask an elderly person to get if they had to evacuate.
8. Who can have a delayed reaction?
9. Name 3 kinds of acute stress reactions.
10. Where should you help them focus in each of the 3 reactions listed above?

